North Carolina Infant-Toddler Program Approved Symbol & Abbreviation List List A: Infant-Toddler Program Terms

List B: Medical Terminology Often Found in ITP Records

SYMBOL

MEANING

&	And
+	And
@	At
<u> </u>	Decrease
>	Greater than
↑	Increase
<	Less than
-	Negative
/	Per
+	Positive
#	Pounds or Number
2 °	Secondary; Secondary to
q	Symbol for long arm of a chromosome
r	Symbol for short arm of a chromosome
X	Times
H ₂ 0	Water

List A: Infant-Toddler Program Terms

Abbreviation

MEANING

A

AA	Adjusted Age
Adap.	Adaptive
ADA	American Dietetic Association; American Diabetes Association; or Americans with Disabilities Act
ADL	activities of daily living
Adm	admission

MEANING

AGA	appropriate for gestational age
a.m.	morning
appl.	application
Appt	appointment
ASAP	as soon as possible
Asst.	Assistant
ASD	Autism Spectrum Disorder
ASQ	Ages and Stages Questionnaire
AT	Assistive Technology
ATRC	Assistive Technology Resource Center
aug. comm.	Augmentative communication
A/V	Audiovisual
AX	Assessment

B

BA	Bachelor of Arts
BDI-2	Battelle Developmental Inventory – 2 nd Edition
ВЕН	Behaviorally-Emotionally Handicapped
BITSEA	Brief Infant-Toddler Social & Emotional Assessment
BS	Bachelor of Science
BSW	Bachelor of Social Work

\mathbf{C}

CA	Chronological age
Canc. or Cx	Cancel
CAP	Community Alternative Program
CAP-C	Community Alternative Program for Children
CAP-I/DD	Community Alternatives Program for Intellectual and Developmental Disabilities
CBRS	Community Based Rehabilitative Service
cc	carbon copy
CC4C	Care Coordination For Children
CCNC	Community Care of North Carolina
CDC	Child Development Center or Centers for Disease
	Control & Prevention
CDL	Clinical Center for Development and Learning
CDSA	Children's Developmental Services Agency
CGA	contact guard assist
CM	case management or case manager
c/o	in care of
Co.	County
cog.	Cognitive
cont.	Continued
coord.	Coordinator
COSF	Child Outcome Summary Form
COTA	Certified Occupational Therapy Assistant
CPS	Child Protective Services
CPT	Current Procedural Terminology
CSHS	Children's Special Health Services

MEANING

Ctr	Center
CQI	Continuous Quality Improvement
c/w	consistent with
Cx or Canc.	Cancelled

\mathbf{D}

DAYC	Developmental Assessment of Young Children
d/c or dc	Discharge(d) or discontinue(d)
DD	Developmental Disabilities
DDC	Developmental Day Center
Dept	Department
DHHS	Department of Health and Human Services
DMA	Division of Medical Assistance
DNK	do not know
DNKA	did not keep appointment
D/O	Disorder
DOB	Date of birth
DOE	Date of evaluation
DOS	Date of Service
DME	Durable Medical Equipment
DPH	Division of Public Health
DPI	Department of Public Instruction
DSM-V	Diagnostic and Statistical Manual of Mental
DSS	Disorders (Fifth Edition, 2013) Department of Social Services
	due to
d/t	
DV	daycare visit
Dx	Diagnosis

\mathbf{E}

EC	Established Condition
ed	Educational
Ed. Diag. Or Ed. Di.	Educational Diagnostician
EHS	Early Head Start
EISC	Early Intervention Service Coordinator
E-LAP	Early Learning Accomplishment Profile
EL	Expressive Language
ELE	Entry Level Evaluation
etc or ETC	Et cetera
eval	Evaluation
evals	Evaluations

F

FERPA	Family Educational Rights and Privacy Act
FLSA	Fair Labor Standard Act
FM	Fine Motor
FMLA	Family and Medical Leave Act

MEANING

FNP	Family Nurse Practitioner
FOC	Father of Child
freq	Frequency
FSN	Family Support Network
FT	Feeding Therapy
FTT	Failure To Thrive
f/u	Follow Up
FYI	For Your Information

G

GA	Gestational Age
GAL	Guardian Ad Litem
GM	gross motor

H

HCPCS	Healthcare Common Procedure Coding System
HD	Health Department
HIPAA	Health Information Portability and Accountability
	Act
HIS	Health Information System
hosp	Hospital
hr	Hour
HV	home visit
Нх	History

I

ICC	Interagency Coordinating Council
ICD-9-CM	International Classification of Diseases, 9th Revision,
	Clinical Modification
ICF	Intermediate Care Facility
ICF/MR	Intermediate Care Facility/ Mental Retardation
I/DD	Intellectual and Developmental Disability
IDEA	Individuals with Disabilities Education Act
IE	Initial Evaluation
IEP	Individual Education Plan
IFSP	Individualized Family Service Plan
Info	Information
IQ	Intelligence quotient
IS	Information System
IT	Information Technology
ITFA	Infant-Toddler-Family Associate
ITFA-P	Infant-Toddler-Family Associate - Provisional
ITFS	Infant-Toddler-Family Specialist
ITFS-P	Infant-Toddler-Family Specialist - Provisional
ITFS-R	Infant-Toddler-Family Specialist - Reviewer
ITP	Infant Toddler Program
ITSEA	Infant-Toddler Social & Emotional Assessment

MEANING

J

K

 \mathbf{L}

(L)	Left
lang.	Language
LCSW	Licensed Clinical Social Worker
LDN	Licensed Dietician Nutritionist
LEA	Local Education Agency
LHD	Local Health Department
LICC	Local Interagency Coordinating Council
LME	Local Management Entity
LMTC	Left message to call
LPA	Licensed Psychological Associate
LPC	Licensed Professional Counselor

 \mathbf{M}

MA	Master of Arts
Mat	Maternal
Max	Maximum
M.D. or MD	Medical doctor
M.ED. or MEd	Master of Education
MGF	Maternal grandfather
MGM	Maternal grandmother
MH	Medical history or mentally handicapped
MHC	Mental Health Center
MHz	Megahertz
Min	Minute or minimum
mo	Month
MOC	Mother of Child
Mod	Moderate
MS	Master of Science
MSEL	Mullen Scales of Early Learning
Msg	Message
MSW	Master of Social Work
Mtg	Meeting
Mvmt	Movement

n/a or NA	Not Applicable
NC	North Carolina

MEANING

NC ITP	North Carolina Infant-Toddler Program
NICU	Neonatal intensive care unit
NKA	no known allergies
NKDA	no known drug allergies
NOS	not otherwise specified
NS	No Show
Nutr.	Nutritionist

0

Obs	Observation
OT or O.T.	Occupational Therapist or Occupational Therapy
O.T.C.	over the counter
OTR/L	Occupational Therapist, Licensed
OV	Office Visit

P

P	Provisional
PT	Physical Therapist; Physical Therapy
PC	Phone Call
Ped	Pediatrician
Peds	Pediatrics
PGF	Paternal grandfather
PGM	Paternal grandmother
Ph.D. or PhD	Doctor of Philosophy
P.I.E. or PIE	Purpose, Intervention, Effectiveness
p.m. or pm	After noon
P.O. or PO	post office
POA	Power of attorney
POC	Plan of care
POS	Place of Service
Prob	Problem
p.r.n. or PRN	as necessary
Psych	Psychologist; psychological
PWN	Prior Written Notice

QA	Quality Assurance
QI	Quality Improvement
QM	Quality Management

\mathbf{R}

R	Right
RBI	Routines-Based Interview
RD	Registered Dietician
re:	Regarding
rec'd	Received

MEANING

Reg	Regular
Rehab	Rehabilitation
RL	Receptive Language
R.N. or RN	registered nurse
R/O	rule out
R/S	Reschedule
ROI	Release of Information
R.O.M.	range of motion
RTC	return to clinic; return to center or return telephone call
Rx	Prescription

S

SC	Service Coordinator
Sch	Schedule
S/E	Social/Emotional
SEA	State Educational Agency
Sect	Section
SFS	Sliding Fee Scale
S & H	Speech & Hearing
SI	special instruction or sensory integration
Sib(s)	Sibling(s)
SLP	Speech and Language Pathologist
SLT or Sp Tx	Speech Language Therapy; speech treatment
SpL Or S/L	Speech and language
SRC	State Records Center
SSI	Supplemental Security Income
SS#	Social Security Number
ST	Speech therapy or Street
SW	Social Worker or Social Work

\mathbf{T}

TANF	Temporary Assistance for Needy Families
TBS	To Be Scheduled
TC	telephone call
TCM	Targeted Case Management
TEACCH	Treatment and Education of Autistic and Related Communication Handicapped Children
TPC	Transition Planning Conference
Tx	Treatment

U

UCP	United Cerebral Palsy
UNC	University of North Carolina
UR	Utilization Review
USMC	United States Marine Corps

VM	Voicemail
VR	Vocational Rehabilitation

w/	With
WCB	Will call back
WFFA	Work First Family Assistance
WFL	within functional limits
WIC	Women, Infants, and Children Program
Wk or Wks	Week or Weeks
WNL	within normal limits
w/o	Without

\mathbf{X}

٠,	v	Timos
14	^	IIIIEs

\mathbf{Y}

YO	years old
Yr	Year

List B: Medical Terminology Often Found in ITP Records

ā	Before
A & B	apnea & bradycardia
abd	abduction; abdomen
ab	Abortion
a.c.	before meals
ACTH	adrenocorticotropic hormone
add	Adduction
ADD	Attention Deficit Disorder
ADHD	Attention Deficit/Hyperactivity Disorder
AFO	ankle-foot othosis
AFP	alpha-fetoprotein
AGA	appropriate for gestational age
AIDS	acquired immunodeficiency syndrome
AJ	ankle jerk
Alk. Phos.	alkaline phosphatase

MEANING

ARC	AIDS- related complex
AROM	active range of motion
ASD	atrial septal defect
ATNR	Asymmetrical tonic neck reflex
AV	atrioventricular

B

BAER	Brainstem auditory evoked response
bid	Twice a day
BM	bowel movement
BOM	Bilateral otitis media
BOS	base of support
bp	blood pressure
BPD	Bronchopulmonary dysplasia
BUN	blood urea nitrogen

\mathbf{C}

C	Celsius (degrees)
<u>c</u>	With
Са	Cancer
CAT scan	Computerized axial tomography scan
CBC	Complete blood count
CC	Chief Complaint
cc	cubic centimeter
CF	cystic fibrosis
CHF	Congestive heart failure
CME	Continuing medical education
CMV	Cytomegalovirus
CN	cranial nerves
CNS	central nervous system
c/o	complaint of
COPD	Chronic Obstructive Pulmonary Disease
CP	cerebral palsy
CPAP	continuous positive airway pressure
CPK	Creatinephosphokinase
CPR	cardiopulmonary resuscitation
СТ	computed tomography

D

d/c	discontinue
DF	Dorsiflexion
dl	Deciliter
DNR	do not resuscitate
DTR	deep tendon reflex

MEANING

\mathbf{E}

ЕСНО	Echocardiogram
EDC	estimated date of confinement
EDD	estimated date of delivery
EEG	Electroencephalogram
EENT	eyes, ears, nose &throat
EKG	Electrocardiogram
ENT	ear, nose & throat
EOM	extra ocular movements
ER	Emergency Room

\mathbf{F}

F	Fahrenheit (degrees)
F	Female
Fe	Iron
flex	Flexion
FROM	Full Range of Motion
Fx	Fracture

\mathbf{G}

G	Gravida (total number of pregnancies)
gm	Gram
Gastrocs	Gastrocnemius
GERD	Gastroesophagheal reflux disorder
GI	Gastrointestinal
G-tube	gastrostomy (feeding) tube
GU	Genitourinary

H

Hams	Hamstrings
НВР	high blood pressure
HC	head circumference
Hct	Hematocrit
HEENT	Head, eyes, ears, nose, throat
Hep B	Hepatitis B
Hgb	Hemoglobin
Hib	Haemophilus influenzae, type b
HIV	Human immunodeficiency virus
НМО	Health Maintenance Organization
H&P	history and physical examination
h.s.	at bed time
HPI	History of Present Illness
HR	heart rate
Ht	Height

MEANING

I

IM	Intramuscular
Inpt	Inpatient
IR	Internal rotation
IV	Intravenous(ly)

J

Jt	Joint
J-tube	jejunostomy tube

K

Kcal	kilo-calorie
Kg	Kilogram
K	Potassium

 \mathbf{L}

Ib	Pound
LBW	low birth weight
L & D	labor and delivery
LE	lower extremity
LGA	large for gestational age
Imp	last menstrual period
LOM	left otitis media

 \mathbf{M}

M	Male
MA	Mental age
MAC	Midarm circumference
MAMA	Midarm muscle area
MEq	Milliequivalent
mg	Milligram
MI	Myocardial infarction
ml	Milliliter
mm	Millimeter
MMR	Measles, mumps, rubella (vaccine)
MRI	Magnetic resonance imaging

Να	Sodium
N & V	Nausea and vomiting
Neg	Negative
NG tube	Nasogastric tube

MEANING

NICU	Neonatal intensive care unit
NKA	no known allergies
NKDA	no known drug allergies
NOS	not otherwise specified
NPO	Nothing by mouth
NSVD	Normal spontaneous vaginal delivery

O ₂	Oxygen
OCD	Obsessive Compulsive Disorder
O.D.	right eye
ODD	Oppositional Defiance Disorder
OM	otitis media
O.S.	left eye
O.U.	Each eye
oz	Ounce

P

D	Pulse
P	After
p.c.	After a meal
Pcn	Penicillin
PDA	Patent ductus arteriosus
PE	Physical examination
PEG	Percutaneous endoscopic gastrostomy
PERRLA	Pupils equal, round, and reactive to light and
	accommodation
PH	Past History
PMH	Past Medical History
p.o.	by mouth
PROM	Premature rupture of membranes (T) or passive
	range of motion
pt	Patient

Qam	Every morning
q.d.	Every day
q.h.	Every hour
Qhs	Every night
q.i.d.	Four times a day
Qod	Every other day
Quads	Quadriceps
Qwk	Every week

MEANING

\mathbf{R}

_	
(R)	Right
RAD	Reactive Airway Disease
RBC	red blood count or red blood cell
RDS	Respiratory distress syndrome
Resp	respirations/respiratory
ROM	right otitis media or rupture of membranes
ROP	Retinopathy of prematurity
ROS	Review of systems
RR	red reflex
RSR	regular sinus rhythm
RSV	respiratory syncytial virus

S

<u>s</u>	Without
SGA	small for gestational age
SGOT	serum glutamic-oxaloacetic transaminase
SH	Social History
SIDS	Sudden Infant Death Syndrome
SOB	shortness of breath
SOM	serous otitis media
S/P	After
Stat	Immediately
STNR	Symmetrical tonic neck reflex
SVD	Spontaneous vaginal delivery
Sx	symptom(s)

\mathbf{T}

Temp	Temperature
TB	Tuberculosis
TBI	Traumatic Brain Injury
t.i.d.	three times a day
TLR	tonic labyrinthine reflex
TM	tympanic membrane
TSF	Triceps skin fold

U

U/A	Urinalysis
UE	upper extremity
URI	upper respiratory infection
US	Ultrasonic or ultrasound
UTI	urinary tract infection

MEANING

VS	Vital Signs
vs	versus
VSD	Ventricular Septal Defect

W

wt	Weight
WB	weight bearing
WBC	white blood cells or white blood count
W/C	Wheelchair

7	X				

Y

Z